Daily Time Log

Day: _____

Week # _____

Start Time											
00:01											
		Class	Projects	Travel	Work	Sleep	TV	Personal	Professional		
			Homework						Development		
Entry											
TOTAL TIME										**=**	**24 Hours**
% of Day										**=**	**100%**
Hours/24											

15 min = .25
30 min = .50
60 min = 1.0